

COUGARS



Resurrection Christian School CHSAA Sanctioned

Varsity Hockey 2011-2012

Player Registration Packet



Prospective Cougar Hockey Families,

Let me introduce you to Cougar Hockey:

Our desire is that RCS be known as one of the premier Christian schools in the nation, and our commitment remains founded and rooted upon biblical principles. As we expand and grow, everything we add to our program (sports, fine arts, extra-curricular programs, etc.) remains centered upon the Lord Jesus Christ.

Providing Northern Colorado residents with an opportunity to receive a premier education in a Christian environment is our primary goal. In an effort to be involved with the communities in the entire Northern Colorado region RCS is excited to now offer a unique experience for senior high students. The board of directors at RCS has approved the very first Colorado High School Activities Association sanctioned Ice Hockey team.

No other school district north of the Boulder Valley School District offers a CHSAA sanctioned ice hockey experience. Therefore, hockey players from all over the region will be welcomed to try out for the RCS 2011-2012 ice hockey team as indicated by Colorado state statute CRS22-32-116.5-2, stated:

“(b) If a student's school of attendance or nonpublic home-based educational program does not offer an activity in which the student wishes to participate, the student may participate in the activity at another public school in the student's school district of attendance or in the student's school district of residence. If the activity is not offered at any public school in the school district of attendance or the school district of residence, the student may participate in the activity at a public school in a school district that is contiguous to the student's school district of residence or at the nearest public school that has the facilities for and offers the activity, even if the public school is not in a contiguous school district.”



VISION

Our vision is to create a program that will provide exceptional competition with structured, intense and confidence building practices. We will create and ingrain an integral work ethic, and strive to be its best at all times on and off the ice. We will provide an atmosphere where a team can succeed, both winning games and maturing physically and spiritually.

COACH'S PHILOSOPHY

My job as a coach is simple: everyday and with all my heart I will give everything I have to first make the student be the finest person he can be; second, make him the finest player he can be; and lastly, be the finest team we can be.

I don't have all the answers, but I will do what it takes to find them. In life there are problems or solutions. Together we will focus on solutions. Never hesitate to bring us any situation; we will help you in any way possible.

We only tolerate dedicated people. If you find yourself complaining about early morning workouts or such practices, we don't want you. These players destroy our synergy and team effort. The success of our team will rest upon your good decisions (on and off the ice). High expectations, maturity, accountability to teammates, and accepting responsibility for actions are of utmost importance to us. Go after life!

Sincerely,

Jake Pence

Head Coach



Resurrection High School Athletic Guidelines:

- All athletes **must** complete the registration process at their home high school prior to participating in formal practices in all sports. Practice is defined as the period of time which formal practice is authorized by CHSAA by- laws and during which an assigned coach is instructing one or more of his/her team members.
- Each student competing in an interscholastic sports program must have minimum practices as determined by CHSAA for the specific sport before playing in a *scrimmage* or game.
- **No** high school interscholastic contests, practices, camps, nor association between participants and coaches of any activity from the student's school shall **take place on Sunday at any time during the school year**. A coach may have contact with an athlete on Sunday for Post-season picnics/banquets; public gatherings; extended travel (with CHSAA approval); attendance by coach/parent at own child's contests; and chance encounter.
- Participating school districts and schools shall have the right to impose stricter standards for eligibility than those set forth by CHSAA. A student who is participating in a non-public home-based educational program and resides within the attendance boundaries of a public or private school may participate in the activities program at a public or private school. RCS has an establish flowchart designating where students will participate on file at CHSAA and all Northern Colorado high schools.
- During the period of participation, the student must be enrolled in courses which offer a minimum of 2.5 Carnegie units of credit (25 credits in most Northern Colorado High Schools).
- **NCAA Clearinghouse** information may be obtained in the school Counseling Department. Student-athletes should consult clearinghouse information between their freshman and sophomore year to make certain they are selecting courses which meet Clearinghouse requirements.
- Summer school courses taken after the close of the second semester may be used to replace any Carnegie units failed. Equivalent courses taken must be accepted by the school toward graduation. The equivalent credits must be completed by the Thursday prior to Labor Day. Credits made up through summer school must be in the same curricular area, be accepted to meet graduation requirements of classes previously failed and be recorded on the student's transcript.
- No student shall participate in formal practice or represent his/her school in interscholastic athletics until there is a **physical examination** statement on file with the principal or athletic director. Physical exams are valid for 365 days from issue.
- Players certified to participate as a member of any high school sport team may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal, which permission shall be granted if: (a) the student's class attendance is not compromised; and (b) the student is in good academic standing under the school's activities policy applicable to all students. A building principal has the right to withdraw a student from representing the school in a practice, competition or performance for poor citizenship



as determined by their sole discretion.

*Further CHSAA By-laws and policies may be obtained at Colorado High School Activities Association web site:

www.chsaa.org.

REGISTRATION FEE REFUND

RCS athletic fees are refundable prior to the first contest for the specific sport. It is the responsibility of the athlete, parent or guardian to initiate any refund requests. All refund requests should be made directly through the building athletic director.

MEDIA COVERAGE

High school athletic events are public events and may be covered by the media. Parents and students are hereby notified their photo, name and other identifying information may be published by the District and/or non-District media in print and/or electronic coverage of sporting events.

ELIGIBILITY

The interscholastic program exists to encourage participants to achieve their maximum potential and to represent their school. Participants represent not only themselves but the students, faculty and patrons of the school for which they are participating. Participation in interscholastic athletics is a privilege subject to compliance with the rules, regulations and standards hereinafter set forth.

Eligibility to participate in interscholastic athletics shall be determined with reference to the Constitution and By-Laws of the Colorado High School Activities Association. A student shall be deemed eligible to represent a school in an interscholastic activity if such student meets the following specific requirements:

1. All applicable rules of the Colorado High School Activities Association.
2. The student is either (1) a bona fide undergraduate member of the student's high school; or (2) enrolled in a school in this School District which does not sponsor the particular interscholastic activity; or (3) enrolled in a school in another school district which does not sponsor the particular activity and the district has boundaries contiguous to the boundaries of this School District; or (4) participating in a non- public home-based educational program in the attendance boundaries of the sponsoring school.
3. In the judgment of the principal the student is representative of the school's ideals in matters of conduct and sportsmanship.
4. Participants must pass a physical examination as requested, and the examination must be consented to by the participant's parents.
5. The school district does not provide medical insurance for athletes. Participants must maintain



insurance coverage which is certified by the signature of the athlete's parent or guardian. The main office at the high school may have information about coverage families may purchase for their students independently.

6. A student is ineligible to enter interscholastic athletic competition if he/she reaches the 19th birthday prior to August 1st of the school year. Any student who has attended more than 8 semesters (upon entering high school as a ninth grader) or 6 semesters (if he/she began high school as a tenth grader) is ineligible for high school athletics. The period of eligibility for a high school athlete shall be limited to 8 consecutive semesters (four-year entry). No high school student shall participate in more than four seasons in any one sport (9th grader) or three seasons (10th grader).

MISCELLANEOUS

Nothing contained herein shall be deemed to prohibit a coach or sponsoring school from establishing and enforcing additional rules applicable to the activity, curfew hours and other matters relating to the functioning of the team or group. It is anticipated that minor violations will be handled directly by the coach involved after conferring with the athletic director and/or the appropriate School District administrator. Nothing in this policy shall limit the authority of the School District to discipline students pursuant to the School Attendance Law of 1967, as amended, with the exception of students participating in a non-public home-based educational program.



Resurrection Christian High School

Cougar Hockey Team Page

Superintendent: Allen Howlett ahowlett@RCSchool.org

Athletic Director: Rich Yonker ryonker@RCSchool.org

Team Chaplain: Scott Miller rcscougarhockey@gmail.com

Head Coach: Jake Pence jpence@rcscougarhockey.com

Assistant Coach: TBA

Team Trainer: TBA

Team Mngr. TBA (Spots will be filled by parents of players)

**Advisory Committee: Jake Pence/Assit. Coach / Brett Tatman / Brad Williamson / Rich Yonker / John Loveless / David Robinson / Scott Miller

Team:

- CHSAA rules dictate a maximum of 25 players on the bench. RCS will dress 20 players for varsity games. RCS will have a roster of 30 players. A roster spot does not guarantee game playing time. The extra players will compete for bench spots and varsity playing time. Our aim is to develop all 30 players through competitive practices
- A student athlete that attends RCS has a better chance of making the RCS team. The 2011-2012 team will hold 10% of the roster spots for RCS students.
- Academic Eligibility: the student must be enrolled in courses which offer a minimum of 2.5 Carnegie Units (5 full time classes) and must not be failing more than ½ a unit (one class). Initial eligibility is determined by previous semester grades. Weekly eligibility is determined by previous week grades. A player that is ineligible two consecutive weeks will lose their position on the bench during varsity games.
- A physical exam will be required before try-outs begin.
- Physical Insurance or Medical Release waiver will be required before try-outs.
- Character Contract must be signed by player and parents which includes Behavior Expectations, Honor Code, and recognition of infraction consequences.
- Try Out Fee: \$50 per person
- Player Fee: \$700.00
 - This fee will be the only cost the players will incur during the season, it will provide for all travel to away games, food, team issued gear, banquet and many more luxuries! We want to do everything in our power to give the player everything he needs to succeed.
- Advisory Board: Player Development / Fund Raising / Coaching evaluation
- Suspension: CHSAA rules apply. RCS reserves the right to expel any player

**RCS will strive for excellence on and off the ice. Our goal is a state championship. However we will not compromise on the character and integrity of the school. We are not necessarily looking for the "best" 30 players, but the "right" 30 players that we believe will represent the best interest of the school as a whole.



Resurrection Christian High School

Cougar Hockey Character Contract

Behavior Expectation of the RCS Student Athlete

- Accept and understand the seriousness of the responsibility and the privilege of representing the school and the community.
- Accept and follow the instructions of the coach.
- Live by the standards of sportsmanship established by the school administration and coaching staff.
- Treat opponents as guests and friends.
- Wish opponents good luck before the game and congratulate them in a courteous manner following both victories and defeat.
- Respect the integrity and judgment of game officials.
- Any drug or alcohol use by the athlete at anytime during the season will result in the forfeiture of the paid team fee, and the dismissal of the player from the team.

Honor Code of the RCS Student Athlete

- Practice: Required attendance at every practice on time and dressed out.
- Games: Required attendance at all games on time.
- Grades: Required compliance with CHSAA and RCS policies concerning eligibility
- Character: Required adherence to Christian principles of behavior and attitude while in RCS sports, understanding that the student is a representative of his or her Lord, family, team and school.
- Cooperation: The student athlete is required to personally contact the coach if he or she will be late or will miss practice. The student is required to notify the coach if he or she must leave school. All reasons are not necessarily excused. No call to the coach is an unexcused absence. The athlete is expected to make up conditioning missed and possible extra work if not excused. This cooperation indicates the team's priority to the student and enables the coach to make adjustments necessitated by the student's absence. Do not send messages by a second party.
- Attitude: School and team spirit are vital to a successful RCS sports program. Therefore, the student will do his or her part to put the team first. The student's comments about the coach and team will be positive and uplifting.

*This is a unique scenario for RCS. Hockey is the only sport that will be primarily represented by athletes not attending RCS. Both athletes and parents will be representing RCS at games and also in the community. Therefore consequences for behavior deemed inappropriate by the RCS hockey administration will result in measured consequences. Dismissals along with criminal charges can be up for consideration on any given infraction.

I have read this Character Contract and by signing my name I am committing myself to honor the contract.

Signature of Athlete

Date

Signature of Parent/Guardian

Date



Resurrection Christian High School

Cougars Hockey Registration Form

PLAYER INFORMATION

NAME OF PLAYER: _____

DATE OF BIRTH: _____

YEAR IN SCHOOL as of August 2011: _____

SCHOOL ATTENDING as of August 2011: _____

Height: _____ Weight: _____ Shoots: Left / Right

Position Trying Out For (circle one) Goalie / Center / Wing / Defense

Please List the past 3 teams you have played for and what level. Most recent at the top.

1. _____ G: A: PTS: PIM'S: _____

2. _____ G: A: PTS: PIM'S: _____

3. _____ G: A: PTS: PIM'S: _____

NUMBER REQUEST: List 4 Options: #___ #___ #___ #___.

PLAYER CONTACT INFO:

Mailing Address: _____

Email Address: _____

Cell Phone: _____ Texting: Yes / No _____ Home Phone _____

PARENT INFORMATION:

Name of Parent/Guardian: _____

Mailing Address: _____

Email Address: _____

Primary Phone: _____ Secondary Phone: _____

Emergency Contact: _____

Please Attach current copies of:

INSURANCE INFO.

PHYSICAL FORM

TREAT AND RELEASE FORM



Important Information and Dates

Please check all applicable boxes that you will be participating in or have enclosed. Please include checks written out to: Resurrection Christian School, Memo: hockey, for each activity.

We will be holding a one-week preseason camp prior to tryouts. The purpose of this camp is twofold. First, it will allow the player to get on the ice to get the hands and legs moving in the right direction before tryouts. Second, it will give the coach an opportunity to get on the ice and get to know some players before the tryout. This camp will be a lot of skill development with controlled scrimmages each day. Camp will be 1 hour a day Monday thru Saturday (not Friday) Times are yet to be posted but will be on the RCS Cougar Website shortly, most of the ice times will begin at 7:00 pm. We aim to get ice in the evening in order to not conflict with other sports you may be participating in.

Our official tryouts will be held Monday November 11th, at 4:30pm and Nov. 14th through Nov. 16th. The times will be 4:30-5:45pm (times may change)*. **All times will be posted on the RCS Cougar Hockey website.** Cost of tryouts will be \$50, Checks made payable to: Resurrection Christian School, memo line: Hockey.

- RCS FAMILY informational meeting 29th of October 6:00pm
- Preseason Hockey Camp: Oct. 31st– Nov. 5th . Cost: \$100.00*
- Official Tryout Camp: Nov. 11th, 14th, 15th, 16th. Cost: \$50.00*

****All Times Will Be Posted ONLINE at RCSCOUGARHOCKEY.COM***

Papers and Forms enclosed:

- Insurance Info
- Physical Form (Download from web)
- Treat and Release Form (Download from web)
- Character and Honor Code Signed
- Hockey Registration Form

Please submit all forms to:

Resurrection Christian School Attn: Cougars Hockey Packet
6508 E. Crossroads Blvd.
Loveland, CO 80538

All Information contained in this document will be available to view and print online at the RCS Cougar website: www.RCSCOUGARHOCKEY.org

Any questions can be directed to:

Head Coach: Jake Pence jakepence@hotmail.com, jpence@rcscougarhockey.com
Team Chaplain: Scott Miller rcscougarhockey@gmail.com
Athletic Director: Rich Yonker ryonker@RCSchool.org